





## BASIC STAT SHEET

This basic stat sheet keeps track of the score, the number of points each player plays, and then basic statistics down below. The players' names are written across the top row, and the score is kept in the first column.

## DETAILED STAT SHEET

Keeping stats on this sheet takes more effort and more of a time commitment, as each pass and catch is recorded. This will either require multiple people working together to take stats live, or a video recording with someone who goes back later to compile statistics. Although it requires more work, you end up with considerably more statistical data.

## STATISTICAL CATEGORIES

**Points Played:** Number of points played by each player.

**Pass Completions/Attempts:** Knowing total number of pass attempts and completions is important because it gives a context for other statistics (having more turnovers is more understandable for a player who throws 40+ passes per game). Also helps to identify the degree to which each player impacts the offense.

**Turns:** Specifically refers to throwing turnovers. It is helpful to distinguish these from drops, as it gives the captain and player more specific information about problems to work on.

**Pass %:** Pass completions divided by attempts.

**Assists:** Throwing a goal.

**Catches:** Indicates how often a player is used as a receiver. Note: total pass completions and catches for the team should always be equal.

**Drops:** Receiving turnovers.

**Catch %:** Catches divided by (Catches plus Drops). Helps to identify how sure-handed a receiver is.

**Goals:** Catching the disc in the end zone.

**Ds:** Any sort of defensive play that results in a turnover, including hand blocks, foot blocks, interceptions, knockdowns, etc.

**+/-:** A basic indication of a player's impact on the game. This figure is represents the sum of a player's Goals, Assists, and Ds for a game, minus the player's Turns and Drops. A good performance is indicated by a higher positive number.